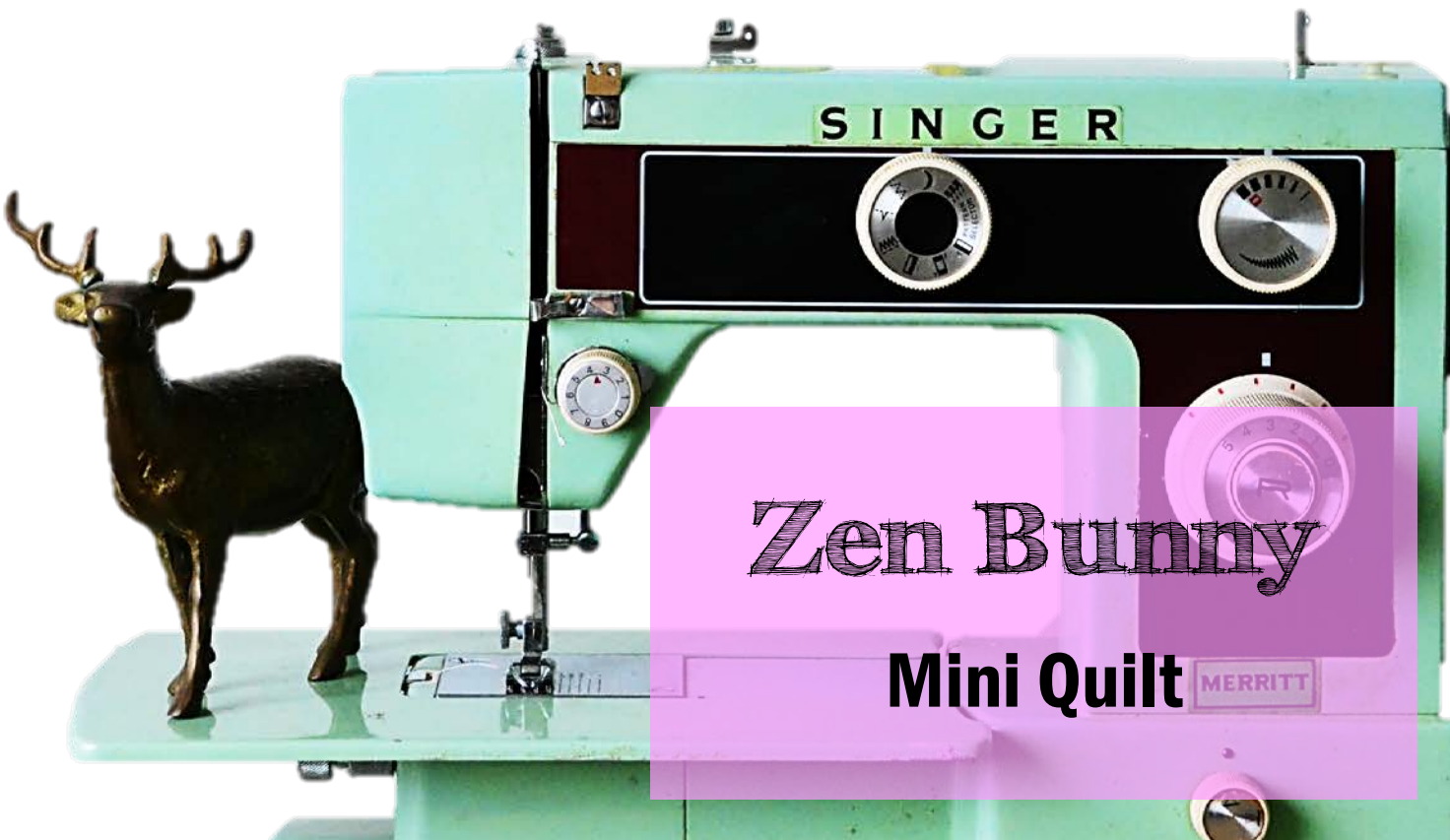




Sew Quirky



Zen Bunny

Mini Quilt

MERRITT



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Thank you for valuing the time and effort that goes into creating patterns, it is a pleasure to have inspired you!

Cutting Instructions

Background Fabric

- 13" x 13"

Backing Fabric

- 14" x 14"

Wadding

- 13 ½" x 13 ½"

Binding

- (2) 2 ½" x WOF



Basic Fusible Appliqué is the technique used for the Zen Bunny Mini Quilt. All pieces have been numbered in the order in which they are positioned onto the background fabric.

Tracing and cutting pattern pieces: Please note that the pattern pieces are printed in reverse and should be traced this way onto the paper side of the fusible web. Simply lay the fusible web, paper side up, on top of the pattern pieces and trace with a pencil. Cut out all of the pieces from the fusible web, leaving approximately ¼" around the outside of each piece. **Tip: remember to write the number on the back of each shape.**

Iron the pattern pieces onto fabric: Iron paper side up onto the wrong side of your chosen fabrics. Then, cut out pieces directly on the drawn lines.

Place the Appliqué Placement Template under a Silicone Pressing Sheet. Remove paper backing and assemble each element of the Zen Bunny, according to the design and number order. Fuse with an iron and allow to cool. **Tip: transfer any embroidery markings which are on the appliqué pieces with a lightbox and marking pen, as it is difficult to see through the layers of fabric later.** Peel the appliqué off the sheet in one piece ready to fuse to the background fabric.

Lay 13" x 13" background fabric, right side facing up on your ironing board. Position the Zen Bunny approximately 1" from the bottom in the centre. Press gently to fuse appliqué pieces in place.

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Sewing Appliqué: Place a piece of tear-away stabiliser behind the block to prevent puckers whilst sewing. Finish off edges of the appliqué either with a sewing machine or by hand. You can use a traditional blanket stitch or satin stitch, or even try some of the decorative stitches on your sewing machine! The decorative stitches on your machine are a great way to embellish and add a textural dimension to your appliqué.

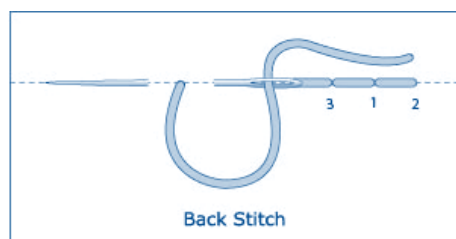
Tip: Look at the appliqué and determine which layers are on top and which are on the bottom. Sew pieces in order from the bottom to top.

Tips for Appliquing with Decorative Stitches

- Use the correct presser foot for sewing decorative stitches. This is highly important, as the foot allows the bulk of the stitches to feed through with ease and ensures the stitch forms properly.
- Sew slower and be patient! This will ensure the correct formation of your decorative stitches.
- Decorative stitches don't sew straight, as the needle often moves right, left and backwards to create each stitch. WATCH THE FOOT! The presser foot is the best guide for the placement of the stitch. Keep the centre marking of the foot along the edge of the appliqué.
- It may be beneficial to lower your upper thread tension slightly, to prevent the bobbin thread pulling up to the top.
- Watch how the stitch is formed and you will soon notice that each stitch has a pivot point. At this point you can reline your foot with the direction of the appliqué shape.
- Create a sampler of your decorative stitches, this makes it easier to pick a stitch that best suits the appliqué shape.
- Some appliqué shapes require the decorative stitch to meet up where you started. Therefore, select a decorative stitch that will blend together, just in case it doesn't quite match up!
- If you don't have many stitches on your sewing machine, try a satin stitch with a triple stitch outlining the edge.
- The most valuable tip for sewing successfully with decorative stitches is: experimentation and practice. Take some fabric and have fun!

Tip: I use a 1.5mm – 2.0mm blanket stitch for the small appliqué shapes.

Embroidery: Using three strands of DMC #310, backstitch the eyes as per the *Appliqué Placement Template*.



Quilting:

Layer the following to create the quilt sandwich:

- Backing fabric (right side down)
- Wadding
- Zen bunny top (right side up)

Using a walking foot, stitch around the outside of the Zen Bunny using a 3mm straight stitch. Then echo quilt to fill in the negative space.



Trim & Bind:

With a ruler and rotary cutter, trim the mini quilt down to approximately 12 ½" and bind using your favourite method! Attach a hanging sleeve, if desired.

Congratulations on finishing your Zen Bunny Mini Quilt

***Get Connected!** I'd love to see your creations, tag @sewquirky and hashtag #zenbunnyminiquilt #sewquirky or email me! info@sewquirky.com.au*

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Zen Bunny

Mini Quilt



Finished size
12 ½" x 12 ½"

The Zen Bunny Mini Quilt is a fun modern appliqué project that will give your wall a cute and quirky vibe! Perfect to create for a nursery or even quilt swaps. The Zen Bunny is a creature of peace, relaxation and tranquility. With a lucky carrot charm necklace and blushing cheeks, this mini is full of sweetness.



☺ Mandy

A Desire to Inspire...



Requirements

- Background fabric 13" square
- Backing fabric 14" square
- Wadding 13 ½" square
- Binding fabric 5" x WOF
- Scrap pieces of felt (cheeks & carrot)
- Variety of coordinating scraps for bunny appliqué
- DMC embroidery floss #310
- Variety of embroidery threads for appliqueing

General Sewing Supplies

- Rotary Cutter & mat
- Iron & ironing board
- Sewing Machine
- Construction thread



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Zen Bunny

Mini Quilt

Reversed Appliqué Pieces

*Print at
100% Scale
A4 Paper Size

12

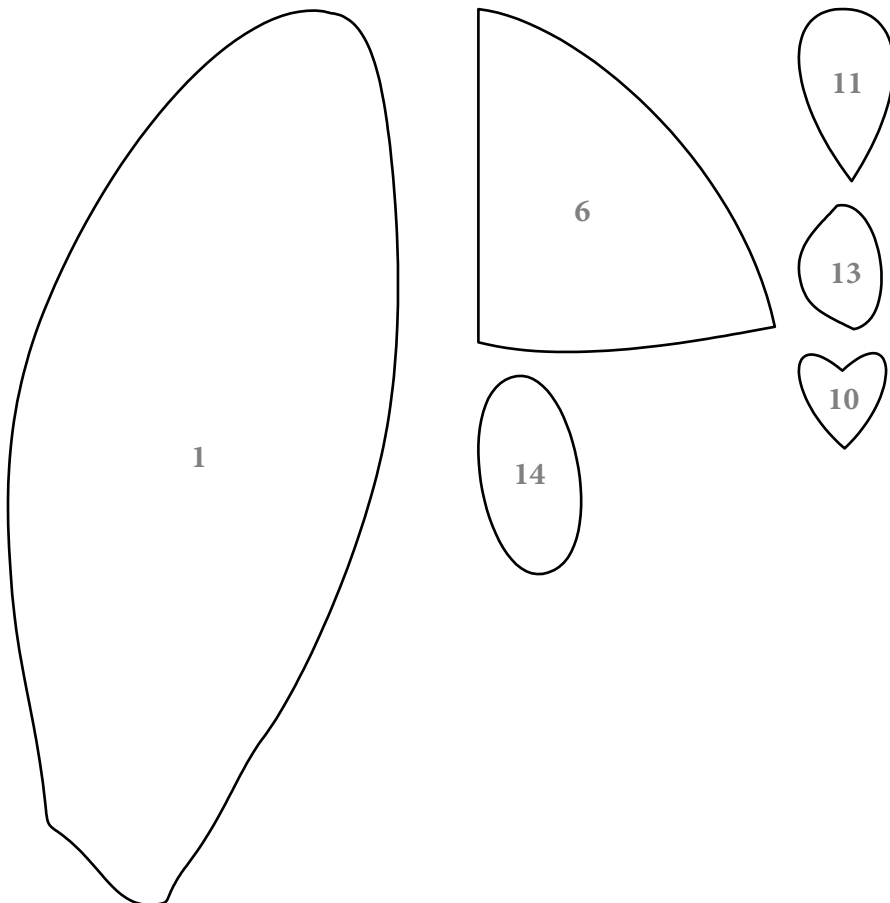
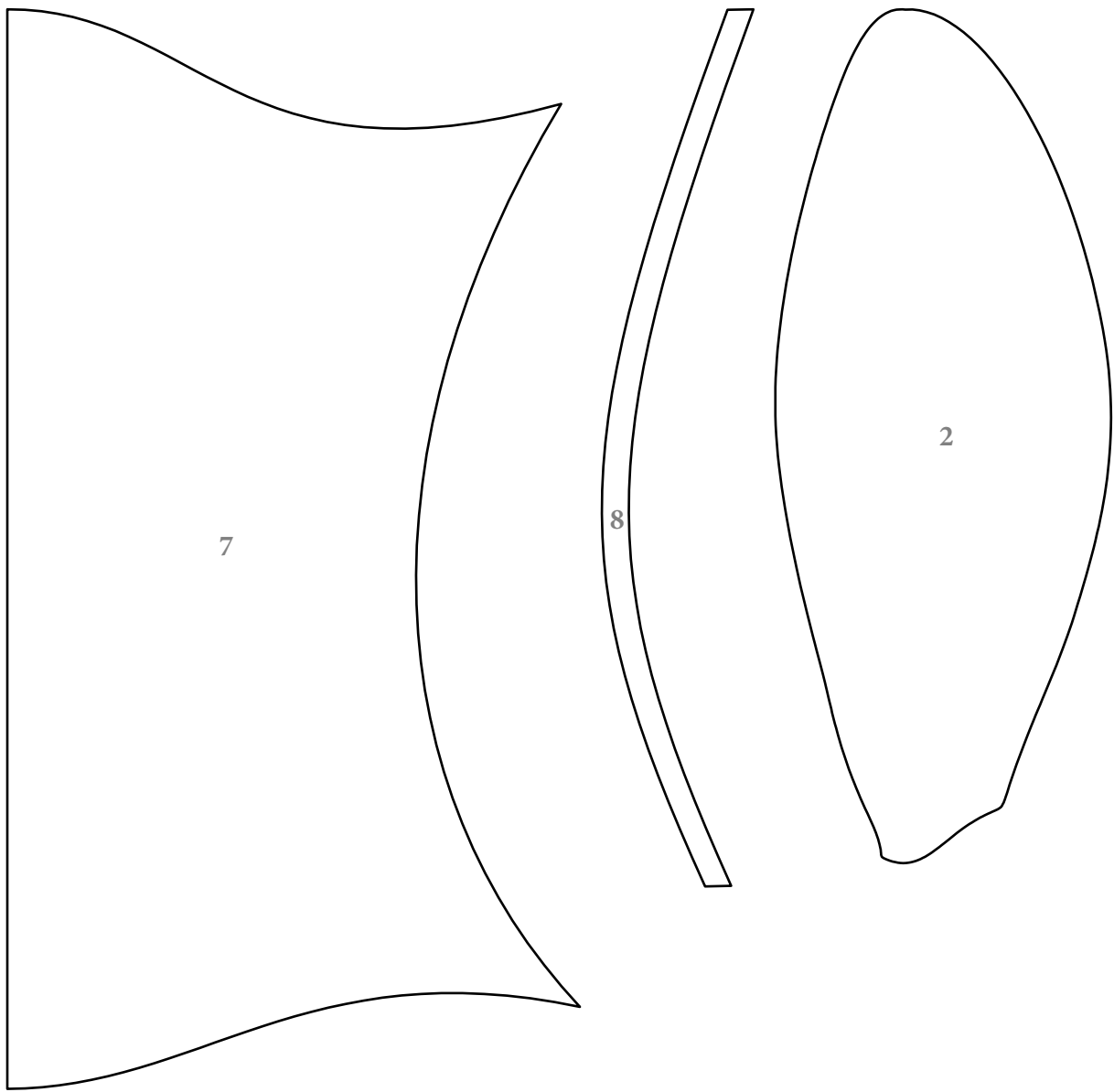
11

4

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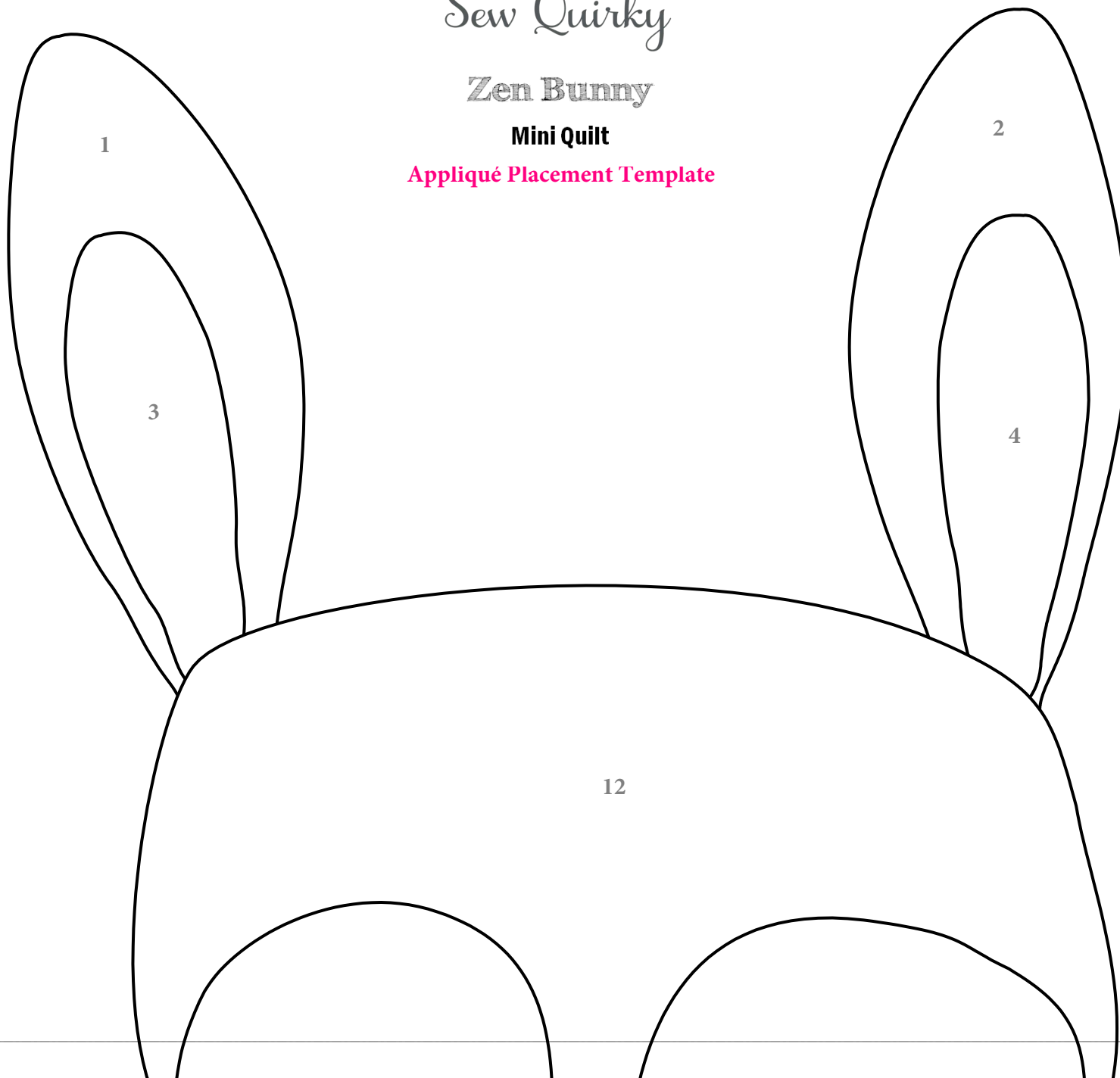


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Appliqué Placement Template



Trim Here

Join Here

